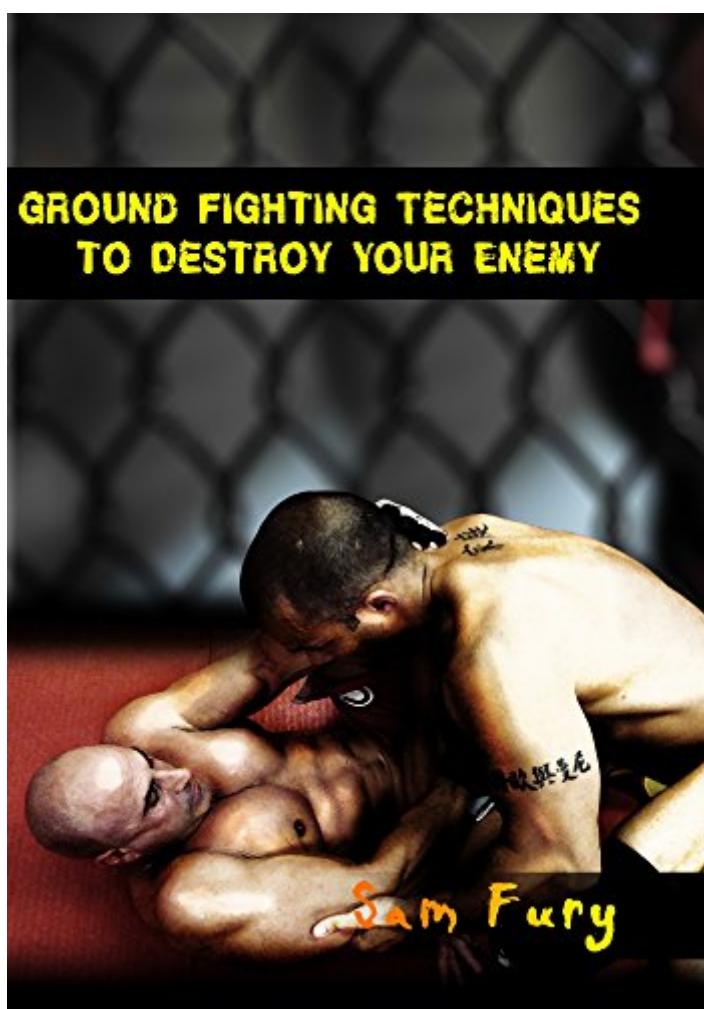


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# Ground Fighting Techniques To Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu And Street Fighting Grappling Techniques And Strategy (Self-Defense Book 3)





## Synopsis

Discover the Best Grappling, Brazilian Jiu Jitsu and Mixed Martial Arts Training, Techniques and Strategy to Make You Unstoppable in Any Ground Fight! Even if you have ZERO experience Ground Fighting Techniques to Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy will teach you the best ground fighting techniques and demonstrate how to use them in a systematic method so you can use them effectively whether it be Mixed Martial Arts, Brazilian Jiu Jitsu, Street Fighting or any other ground fighting you come across. Note: How to Street Fight by Sam Fury contains all the information in this book plus a whole lot more! Discover the Most Effective Grappling Techniques for Self Defense or any Grappling Sport Inside Ground Fighting Techniques to Destroy Your Enemy you will uncover a proven minimalist grappling fighting system adaptable for MMA, BJJ, Street Fighting or any other ground fight! Easier and Faster to Learn than Most Mixed Martial Arts Training The key to this system is the combination of a simple step by step strategic ground fighting guide coupled with only the best proven ground fighting techniques. These Ground Fighting Techniques are Invaluable in Any Self Defense Scenario\* One key lesson that is the essence to winning of all ground fights.\* The very best position to get into when fighting on the ground and how to get there.\* How to escape this position in case your opponent manages to get you in it, whether it is competition e.g. Mixed Martial Arts, Brazilian Jiu Jitsu etc. or when street fighting.\* The four dominant positions of ground fighting.\* How to adopt, escape from and maneuver between these grappling positions.\* The best ground fighting attacks to do in each of these positions, taken from proven Brazilian Jiu Jitsu, Mixed Martial Arts and other Grappling techniques.\* The two best choke holds to end any ground fight FAST!\* Techniques to beat your opponents on the ground adaptable to any street fight or grappling competition.\* Arm and leg locks to get your opponent to tap out, or end any street fight.\* How to escape from the most common grappling techniques, and how to apply the best ones so your opponent can't escape. LOOK INSIDE Ground Fighting Techniques to Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy to see everything that's included! Get your copy of Ground Fighting Techniques to Destroy Your Enemy NOW and become unstoppable in any ground fight! Benefits Gained From Ground Fighting Techniques to Destroy Your Enemy Also Include\* A straight forward and easy to follow strategic guide applicable to any ground fighting scenario.\* Easy to follow step by step instructions of proven Brazilian Jiu Jitsu, Mixed Martial Arts and other Grappling techniques that anyone can follow.\* Simple and clear pictures of ground fighting techniques so you can easily see exactly what you need to do.... and much, much more! Ground Fighting Techniques to Destroy Your Enemy

BonusGet access to all the latest Survive Travel publications FREE!Check Out What Others are Saying About Ground Fighting Techniques to Destroy Your Enemy\*\*\*\*\* Great resource for Ground-fighting techniques that actually work. - Michael Powell.\*\*\*\*\* Take your ground fighting skills to the next level. - Stephanie.\*\*\*\*\* This is helping me tremendously. - BEAU.Get your copy of Ground Fighting Techniques to Destroy Your Enemy NOW and become unstoppable in any ground fight!

## **Book Information**

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## **Customer Reviews**

This is a new subject for me but one that I am finding more and more compelling. Taking steps to protect oneself and keep fit in the interim makes a lot of sense. Knowing that stereotypical martial arts in themselves are not the answer is an eye-opener. It is important to make the distinction between them and defensive disciplines. Throughout the entire book the author does an excellent job of not only informing you, but entertaining you as well. The author does an excellent job of exposing the truth about many of the martial arts myths, legends, and mysteries. Overall this is a good book injecting some much needed reality into the many myths that surround the martial arts.

The information is presented well by Sam Fury who clearly has good martial arts experience and knowledge. The book is a fast read and held my interest throughout. Enjoy

I have read quite a few book by this author and I love the way that he explains everything with the help of clear illustrations. A picture is definitely worth a thousand words when you want to learn how to hold your enemy or attack him. The techniques are well explained and the book offers some healthy combination of Martial arts, Brazilian Jiu Jitsu and some good grappling techniques. For any martial art student there is definitely a lot to learn here and enhance your ground fighting skills. A Great Book !

I have always thought that martial arts were not for me, because I am more like a peaceful guy. But I saw that this was not just about hitting to your opponent, but to gain discipline and self-confidence. It also increased my strength and stamina while learning something new. IÃ¢â€¢m really happy to have acquired this book.

I love this book and the simplicity of what the author is sharing with us the readers. I am glad that I found this book as I just keep to the basics. I am going to add this to my catch wrestling.

I really didn't put much faith in a short pamphlet on ground fighting, but I've got to give this one credit. It does a decent job covering the basics that you would learn in the first few months in most jujitsu classes, it just lacks a training partner.

I'm just starting out in MMA and have been doing muay thai for some years so needed to read up on my groundfighting. This book covers a lot of basic moves that are easily applied. I've read a lot about this subject recently and there is so many cool submission moves and escape techniques out there but most of them are not so easy to actually apply. The ones in this book may seem like just the basics but at least I can actually do them. I'm really happy with this book, it's my 'go to guide' for ground work.

My brother's been doing BJJ for a few months now and he likes to 'practice' on me. I got this book a few days ago and today I got him to submit! haha classic! I'm not lending it to him

Great tips for anyone looking to step up their game. This book covers freaking everything! Some

books include strategies to get your opponents in a hold but nothing about what to do if you get put in that same hold, but this book is very detailed with great pictures!

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